Building A Culture of Health in New Jersey

November 28, 2018
"There is a magic window during pregnancy...it’s a time when the desire to be a good mother and raise a healthy, happy child creates motivation to overcome incredible obstacles including poverty, instability or abuse with the help of a well-trained nurse."

David Olds, Ph.D., Founder, Nurse-Family Partnership
NFP Goals

Improve Pregnancy Outcomes

Improve Child Health and Development

Improve Economic Self-Sufficiency of the Family
EXPERT: Specially-trained nurses

PROVEN: Extensive and compelling evidence

INTENSIVE: Pregnancy through age 2

TIMELY: First 1000 days
Human Brain Development
Synapse formation dependent on early experiences

Shonkoff, J. & Phillips, D. (Eds.)
NFP Research

1977 Elmira, NY
Participants: 400
Population: Low-income, white
Studied: Semi-rural area

1990 Memphis, TN
Participants: 1,139
Population: Low-income, black
Studied: Urban area

1994 Denver, CO
Participants: 735
Population: Large Hispanic representation
Studied: Nurse and paraprofessionals
Trial Outcomes

Academic Achievement
Grades 1–3, Age 9—Memphis
(Born to low-resource mothers)

Preschool Language Scale
Age 4—Denver
(Born to low-resource mothers)

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