The Balancing Act of Planning, Partners, Programs and Policy

Moderator: Diane Hagerman, Deputy Director of Programs
Emerging Leaders for a Healthier Community
Community Action Model
Strategic Planning
Emerging Leaders for a Healthier Community
Partner

- Engage Community
- Strengthen Multidisciplinary Coalitions
- Be Strategic and Nimble

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The Learning Garden
Prepare

- Assess, Re-assess, and Evaluate
- Plan and Prioritize
- Build Capacity
- Leverage Resources

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Shared Leadership
Progress with Programs

• Generates community interest and engagement
• Leads to early wins
• Serves as a base for longer-term policy changes.
Balanced Lifestyle Classes in Spanish at Food Pantry
Progress with Policy

• Changes the way organizations, institutions operate
• Increases supports for healthy behaviors
• Shifts community norms for long-term impact
Mrvalag Mobile Market
Essential Practices

- Health Equity Focus
- Community Engagement
- Facilitative Leadership
- Sustainable Thinking
- Culture of Learning
- Strategic Communication

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Library Committee Community Engagement
Health Equity Focus

An intentional focus on reducing health disparities in communities by eliminating avoidable and unjust health inequities affected by social, economic, and environmental conditions.
Community Engagement

An intentional process of empowering adult and/or youth residents to authentically engage in and contribute to the planning and implementation of solutions within their own communities.

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Sustainable Thinking

A consideration of the social, environmental, and economic assets and opportunities that are necessary for successful and lasting community change.